



GARDEN CITY PARK SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
October 1, 2018	October 2, 2018	October 3, 2018	October 4, 2018	October 5, 2018
CHICKEN NUGGETS WITH POTATO ROUNDS ^ Green Beans Diced Pears Ketchup BBQ Sauce Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun ^ Corn Blended Fruit Juice Mustard Ketchup Choice of Milk	PEPPERONI PIZZA ^ Mixed Vegetables Diced Peaches Raspberry Cookies ^ Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Fresh Fruit Mustard Ketchup (2) Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Romaine Salad Light Ranch Dressing Fresh Fruit Choice of Milk
October 8, 2018	October 9, 2018	October 10, 2018	October 11, 2018	October 12, 2018
COLUMBUS DAY	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Maple Baked Beans Broccoli Orange Juice BBQ Sauce Choice of Milk	CHEESE PIZZA ^ Green Beans Mixed Fruit Cup Choice of Milk	CHILI French Fries Corn Muffin ^ Fresh Fruit Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Romaine Salad Baby Carrots Light Ranch Dressing Fresh Fruit Choice of Milk
October 15, 2018	October 16, 2018	October 17, 2018	October 18, 2018	October 19, 2018
LOVE YOUR FALL HARVEST POPCORN CHICKEN Golden Potato Rounds Fresh Fruit Honey Mustard Cup Pumpkin Chocolate Chip Mini Loaf ^ Choice of Milk	*LOVE YOUR BRUNCH* FRENCH TOAST STICKS W/SAUSAGE ^ Tropical Veggie Juice Diced Peaches Syrup Choice of Milk	*LOVE YOUR VEG STICKS* CHEESE PIZZA ^ Crunchy Celery Sticks Baby Carrots Fat Free Ranch Dressing Blended Fruit Juice Choice of Milk	*LOVE YOUR BBQ* BBQ CHICKEN Hamburger Bun ^ Corn Coblette Maple Baked Beans Fresh Fruit Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Romaine Salad Light Ranch Dressing Pineapple Tidbits Choice of Milk
October 22, 2018	October 23, 2018	October 24, 2018	October 25, 2018	October 26, 2018
CHICKEN NUGGETS ^ Golden Potato Rounds Fresh Fruit Ketchup BBQ Sauce Choice of Milk	MAC & CHEESE ^ Mixed Vegetables Pineapple Tidbits Choice of Milk	CHEESE PIZZA ^ Green Beans Grape Juice Choice of Milk	Hot Dog Bun ^ Maple Baked Beans Fresh Fruit Mustard Ketchup Choice of Milk HOT DOG W/ POTATO ROUNDS	PIZZA DIPPERS Marinara Dipping Sauce Broccoli Mixed Fruit Cup Choice of Milk
October 29, 2018	October 30, 2018	October 31, 2018	November 1, 2018	November 2, 2018
CHICKEN STRIPS W/SWEET POTATO PUFFS ^ Green Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	BAGEL DOG ^ Pickle Chips Maple Baked Beans Blended Fruit Juice Mustard Ketchup Choice of Milk	FRENCH BREAD CHEESE PIZZA^ Whole Kernel Corn Diced Peaches Choice of Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

The New Hyde Park/Garden City Park Unified lunch program is prepared by Preferred Meals and may contain wheat, fish, eggs, soy, peanuts, tree nuts, shellfish or dairy products.

www.preferredmeals.com

